



...A place for your health and well being

804 Main Street
 Kerrville, TX 78028
 Phone: 830-895-8633
 Email: kerrvilleyogaspace@gmail.com
 Website: yogaspace-tx.com

MAY SCHEDULE

Monday

4:30 pm – 5:40 pm	Gentle and Beginner Yoga	Ginny O'Bryan
6:30 pm – 8:00 pm	All Level Yoga	Corine Baerwald

Tuesday

9:00 am – 10:30 am	All Level Yoga	Corine Baerwald
4:30 pm – 5:40 pm	Gentle and Beginner Yoga	Ginny O'Bryan
6:00 pm – 7:15 pm	All Level Yoga	Martha Wolcheski
May 15 only	Restorative Yoga	

Wednesday

6:30 pm – 8:00 pm	Advanced Flow Yoga	Corine Baerwald
May 2 only	Restorative Yoga	

Thursday

9:00 am – 10:30 am	Intermediate Level Yoga	Corine Baerwald
4:30 pm – 5:45 pm	Mellow Yoga	Ginny O'Bryan
6:30 pm – 7:30 pm	Gentle and Beginner Yoga	Ginny O'Bryan

Friday

12:00 pm – 1:15 pm	Lunch Time Yoga	Ginny O'Bryan
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Saturday

9:00 am – 10:15 am	All Level Yoga	
May 5 – Jacqueline Katz		May 19 – Ginny O'Bryan
May 12 – Corine Baerwald		May 26 – Julie Anthony

Sunday

10:00 am – 11:30 am Bhakti Yoga: a yoga ministry Willie McDaniel
 There is no charge for this class. You may make a free will offering.

Class Prices

\$15 for single session
 \$75 for a 10 coupon book
 Good for any class during the month
 \$100 for a 10 coupon book
 Has no expiration date
 \$75 for six week series
 \$75 per hour for private session
 Please register for all series.
 All other classes are walk-in
 welcome.

Special Events

Full Moon Yoga
 Saturday, May 26 – 7:00 am
 Gardens at the Ridge
 No Charge – Everyone welcome

**Yoga for a Healthy Back
 Workshops**
 with Mark Uridel - June 2
 Watch for more information!

To pre-register call 830-895-8633
 or email to
 kerrvilleyogaspace@gmail.com